

# BIOGRAPHY

## *Nina Vermeulen - connect through waves of change*



### THE BEAUTY OF DIVERSITY

Her foundation as an artist was formed through years of **training and embodied exploration**. She studied harp at the Conservatory of Bruges with Eline Grosloot, completed the interdisciplinary performer-creator training *Anfibia*, and deepened her practice through bodywork with Meytal Blanaru and Lily Kiara. Her movement language is rooted in contemporary practices (*Martina La Ragione*, *Meleen Borgonjon*, ... ) and further enriched by West-African dance (*Sonja Van Bockstaele*), tango (*Eva Ickson*), and more. She moves fluently between disciplines, always guided by an intuitive sensitivity to what wants to emerge in each moment.

*Nina has this special sensitivity that makes the air sing around her... when she's telling her stories and when she guides other people into a space of listening.*

*~ Tabea Gregory*

### WAVES OF CHANGE

Born and raised in Bruges, Nina has always been inspired by the rhythms of water - the ebb and flow of both the city's canals, the steady pulse of the tide, and the constant changes that come with each wave. This deep connection to water mirrors her work as an artist and creator: guiding people through the inevitable shifts of life, helping them navigate the waters of transformation, and creating spaces where they can reconnect with their true selves.

Nina's work is both intimate and expansive. It brings people into contact with what is often left unspoken — the beauty, the rawness, the transitions of life. Whether it is through music, movement or spoken word, her message feels like an **embodied poetry** that reaches beyond generations, cultures and landlines.

Through her company *Your Voyage Home*, Nina blends her artistic voice with her work as a doula, coach, and space-holder. Here she accompanies people through waves of change and offers opportunities to pause, reflect, and breathe. Her work is defined by her deep presence and sensitivity that allows to reveal the way life moves through us and ***how we move through life***.

Nina cherishes the collaborative nature of her work and holds a growing, **international network** of artists close to her heart. She has performed both in Belgium and abroad, with recent creations like *Becoming Human* (2023), *Rouw zacht omhuld* (2024) and the upcoming *Melting Memories* (2026) continuing to explore how personal stories can be shared and softened into collective experience.

From a city walk to a stage, from intimate gathering to a wider audience - her work brings us home to what we already carry inside.